

HOW TO INSTALL A CHILD CAR SEAT

It's very important that your child's car seat is installed properly.

The easiest way to make sure it is installed properly is properly read the instructions that come with the child car seat and the owner's manual for your car. If you have problems contact a technician for help with your installation.

We will inspect for:

- **Proper sizing of seat and restraints**
- **Product Recalls**
- **Defects and expirations**
- **Proper installation of the seat**

Any issues will be resolved and you will leave with a safe and properly installed seat.

Harnesses need to be very snug at all times. One to two fingers should just fit between the harness and the child's collar bone. The Harness clip should be positioned across the center of the child's chest at armpit level.

During winter months, try to limit clothing while in the car and in the car seat. The least amount of material between the car seat, the child and the harnesses the better. In cold temps, a blanket over the child and restraints is the preferred way to keep warm. Remember unlike adults, young children can not take jackets and sweaters off once in their seats.

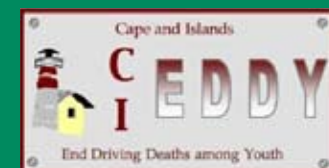
Cape Cod Car Seat Technician Locations

contact a department nearest you for assistance.

Bourne Fire Department	(508) 759-4412
Brewster Fire Department	(508) 896-7018
Brewster Police Department	(508) 896-7011
C.O.M.M. Fire Department	(508) 790-2375
Chatham Fire Department	(508) 945-2324
Cotuit Fire Department	(508) 428-2210
Dennis Fire Department	(508) 398-2242
Dennis Police Department	(508) 394-1313
Eastham Fire Department	(508) 255-2324
Falmouth Fire Department	(508) 364-3129
Falmouth Police Department	(508) 457-2528
Harwich Fire Department	(508) 430-7546
Harwich Police Department	(508) 430-7541
Hyannis Fire Department	(508) 775-1300
Mashpee Fire Department	(508) 539-1456
Nantucket Fire Department	(508) 228-2324
Orleans Fire Department	(508) 722-3034
Orleans Police Department	(508) 255-0117
Sandwich Fire Department	(508) 888-0525
Yarmouth Fire Department	(508) 398-2212

CAPE COD CHILD CAR SEAT PROGRAM

Child Safety Comes First



WHY A CAR SEAT ?

Massachusetts State law requires all occupants of a vehicle regardless of age to use a seat belt or a restraint device. NHTSA (National Highway Traffic Safety Administration) recommends minimum requirements in the construction and use of child car seats.

The use of a child car seat allows for the optimum safety of your child while in a car. Until a child is at least 4 feet 9 inches, they do not properly fit the restraint devices installed in cars for use by adults. Child car seats of different types and styles were made to help provide the proper safety needed in a car crash.

Note: By law a police officer can stop your vehicle if a child 12 or under is not properly restrained, with a fine of up to \$25.00 for every violation involving belts and seats.

The following will help you figure out which child restraint to use, based on age, weight and height.

For more child passenger safety information, go to www.mass.gov/ghsb

Also Safe Kids Worldwide at www.safekids.org

HOW TO SELECT THE PROPER CAR SEAT

Progression of Child Restraint Seats

INFANT CARRIER SEATS REAR-FACING:

- Newborn to approximately 6 months of age
- Weight under 20 pounds
- Height under 26 inches



REAR-FACING CONVERTIBLE SEATS:

- 6 months to 1+ years of age
- Weight under 30 pounds
- Top of head at least 1 inch below top of seat



FORWARD-FACING CONVERTIBLE SEATS:

- Over 1 year of age
- Weight under 40 pounds (and over 20)
- Top of shoulders should always be below harness slots on seat
- Child's head is level with or below the top of the child seat

BOOSTER SEAT WITH ADULT LAP & SHOULDER SEAT BELT:

- Approximately 4 to 8 years of age
- Weight over 40 pounds
- Height under 4'9"



Always read Child Car Seat Manufacturers instructions on sizing and limitations of seats. Any child under 4 feet 9 inches must be in a child car seat or booster. Any child 4 feet 9 inches or more can use just the car seat belt.

These are general guidelines, child car seat limits change from seat to seat as well as manufacturers. Look at your seat for it's limits set by the manufacture.